



April 27th, 2019

Reynoldsburg H.S. – Summit Campus

8579 Summit Road, Reynoldsburg Ohio 43068



WELCOME!

The Mission of the Ohio State Taekwondo Association is “to develop interest and participation throughout the State of Ohio in the sports and martial arts aspects of Taekwondo and to promote the growth and development of Ohio Athletes, Coaches, and Referees who participate in state, national and international competitions.”

EVENT POINTS OF CONTACT

Ohio State Taekwondo Association

Tournament Director – Master David Bailey

Event Point of Contact – Amanda Potter

614-864-4000

ohiotkdevents@gmail.com

SANCTIONED BY

USATKD

1 Olympic Plaza

Colorado Springs, CO 80909

GOVERNANCE

All sanctioned State Championships must use and follow the USA Taekwondo Rules and Regulations.

For current Sparring and Poomsae rules please refer to the following link:

<https://www.teamusa.org/usa-taekwondo/v2-events/competition-rules>

VENUE

Reynoldsburg High School – Summit Campus

8579 Summit Road, Reynoldsburg Ohio 43068

LODGING

Comfort Suites East Broad – 70 Chris Perry Lane, Columbus OH, 43068 (2.5mi)

Holiday Inn Express – 6305 E. Broad Street, Columbus OH, 43068 (2.5mi)

Holiday Inn Express – 2806 Taylor Road Ext, Reynoldsburg OH, 43068 (3.7mi)

Fairfield Inn & Suites by Marriott – 2826 Taylor Road Ext, Reynoldsburg OH, 4306 (3.7mi)

EVENT SPECTATOR TICKETS

Ticket Pricing	
<u>Spectator Ticket</u>	<u>At-Door</u>
Ages 7+	\$10
Children 6 & Under	Free
<u>Spectator Ticket</u>	<u>Advance – online until 4/22</u>
Ages 7+ (tickets can be purchased on line at www.ohiotaekwondo.org)	\$7

SCHEDULE

Weigh-In:

Friday April 26th

Oriental Martial Arts College

1349 Brice Road
Reynoldsburg, Ohio 43068
(614) 864-4000
12:00 pm (Noon) - 7:00 pm

Remote Weigh-in Locations (NO ON-SITE WEIGH INS):

Black Belt Pro Fitness

1099 W 4th Street
Mansfield, Ohio
(567) 307-7208
Friday, April 26th - 4:00 pm - 7:00 pm

Cincinnati Taekwondo Center

3600 Red Bank Road
Cincinnati, OH 45227
Phone: (513) 271-6900
Friday, April 26th - 3:00 pm - 6:00 pm

KICKS Taekwondo Center

35004 W. Michigan Ave. Suite A
Wayne, MI 48184
Phone: (734) 728-3027
Friday, April 26th - 5:00 pm - 7:00 pm

- All sparring competitors must weigh-in the day before the competition
- Athletes only competing in Poomsae (Forms) do not need to weigh-in but must still check-in and pick up their credentials on competition day

Competition:

Saturday April 27th, 2019		
All Events		All Ages and Divisions
REPORT TIME	DESCRIPTION OF EVENT	LOCATION
8am – 12:00pm	Registration/Credential Pick up	Reynoldsburg High School Summit Campus
9am – 9:30am	Recommended Coaches & Referee Meeting	
9:45am	Opening Ceremonies	
10:00am	Competition begins	

Coaches:

All coaches are required to hold at a minimum an Associate Coach (AC) Certification with the USA Taekwondo CIDP program, be a current USATKD member, complete the USOC SafeSport training (every 2 years), and take and clear a background check (every 2 years) before they can register and pay for any sanctioned USA Taekwondo event. For more info go to:

<http://www.teamusa.org/usa-taekwondo/v2-coaching/coach-education-program>

Electronic Scoring:

Daedo Electronic Foot Sensor Socks are required for all sparring events.

GENERATION 2 (GEN2) will be used for all World Class Black Belt sparring events

It is recommended that competitors purchase Gen2 socks in advance as only a limited quantity will be available for sale on site.

GENERATION 1 (GEN1) will be used for ALL OTHER DIVISIONS **

Only a limited quantity will be available for rent on-site.

E-foot gear can be purchased at www.tkdscore.com prior to the tournament.

Boards:

Breaking Boards Available for Purchase		
7 & Under	1/4" Compressed	\$4.00
8-9	1/2" Compressed	\$4.00
10-14	1/2" Pine	\$4.00
15-17	1" Compressed	\$4.00
18+	1" Pine	\$4.00

Breaking boards will be available to purchase online at www.ohiotaekwondo.org prior to 4/22/2019 and in limited quantities onsite on competition day. Breaking materials MUST be purchased from the Ohio State Taekwondo Association.

WEIGH-INS & BRACKETING

SPARRING

WEIGH-IN PROCEDURES

1. A competitor's weight shall be measured the day prior to his or her competition day. All competitors must weigh-in during the designated times on the schedule. The weigh-in hours may be extended or shortened at the discretion of the tournament organizers.
2. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the weigh-in location as a test scale. A competitor may change divisions by notifying the weigh-in referee **PRIOR** to stepping on the official scale. **No changes to division may be made AFTER stepping on the official scale.**
3. A competitor's weight may be measured only twice on the official scale. If a competitor does not qualify the first time, one more official weigh-in is granted within the time limit. **However, once an athlete steps on the official scale they cannot change their weight division.**
4. During the weigh-in, the competitor is required to show his/her current photo ID, USA Taekwondo identification card or birth certificate.
5. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
6. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a competitor wishes, weigh-in may be done in underpants for male and underpants and bra for female competitors. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

Note: (Explanation #1) Not exceeding: The weight limit is defined by the criterion of one decimal place away from the stated limit. For example: not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit and resulting in disqualification. (Explanation #2) Over weight: Over 50.0kg marks occur at the 50.1 kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

Ultra Divisions (33+ year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black) (33-40, 41-50, 51-99)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fly	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

Senior Divisions (17-32 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

Junior Divisions (15-17 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (KG)	Female Divisions Weight Category (KG)
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

Cadet Divisions (12-14 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Lt. Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Lt. Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

Youth Divisions (10-11 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding 35kg	Over 30kg & Not exceeding 35kg
Middle	Over 35kg & Not exceeding 40kg	Over 35kg & Not exceeding 40kg
Heavy	Over 40kg	Over 40kg

Tiger Divisions (8-9 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding 25kg	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding 30kg	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg

Dragons Divisions (6-7 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding 23kg	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding 27kg	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

Junior Safety Rules: Attacks to the head are prohibited. The referee will penalize the athlete for attacks to the head. The referee can decide the winner of RSC (Referee Stop Contest) in case of significant difference of competing ability between two athletes.

POOMSAE

INDIVIDUAL POOMSAE

AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK	COMPETITION TYPE
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
DRAGONS	6-7 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
TIGER	8-9 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
TIGER	8-9 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
YOUTH	10-11 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
CADET	12-14 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
JUNIOR	15-17 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
UNDER 30	18-30 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
UNDER 40	31-40 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
UNDER 50	41-50 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
UNDER 60	51-60 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
UNDER 65	61-65 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
OVER 65	66 & OLDER	YELLOW, GREEN, BLUE & RED	N/A	WTF cut-off format
UNDER 30	18-30 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
UNDER 40	31-40 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
UNDER 50	41-50 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format

UNDER 60	51-60 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
UNDER 65	61-65 YEARS OLD	BLACK	1 ST – 9 TH	WTF cut-off format
OVER 65	66 & OLDER	BLACK	1 ST – 9 TH	WTF cut-off format

PAIRS POOMSAE (CO-ED) – 1 MALE & 1 FEMALE

Dragon(6-7), Tiger (8-9), Youth(10-11), Cadet (12-14), Juniors (15-17), 1st Pairs (18-30) & 2nd Pairs (31+)
Pairs Poomsae

Division	Belt	Rank	Gender	
Dragon (6-7)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
Tiger (8-9)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
Youth (10-11)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
Cadet (12-14)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
Juniors (15-17)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
1 st Pairs (18-30)	Black	1 st – 9 th	Co-Ed	WTF cut-off format
2 nd Pairs (31+)	Black	1 st – 9 th	Co-Ed	WTF cut-off format

*State Championships can choose to do Dragon, Tiger and Youth Pairs Poomsae, but those divisions will not be available at the USA Taekwondo National Championships. *

**State Championships can choose to do color belt Co-Ed Pairs Poomsae, but those divisions will not be available at the USA Taekwondo National Championships. **

TEAM POOMSAE – 3 COMPETITORS OF THE SAME GENDER

Dragon (6-7), Tiger (8-9), Youth (10-11), Cadet (12-14), Junior (15-17) 1st Team (18-30) & 2nd Team (31+) Team Poomsae

Division	Belt	Rank	Gender
Dragon (6-7)*	Black	1 st – 9 th	Female
Dragon (6-7)*	Black	1 st – 9 th	Male
Tiger (8-9)*	Black	1 st – 9 th	Female
Tiger (8-9)*	Black	1 st – 9 th	Male
Youth (10-11)*	Black	1 st – 9 th	Female
Youth (10-11)*	Black	1 st – 9 th	Male
Cadet (12-14)	Black	1 st – 9 th	Female
Cadet (12-14)	Black	1 st – 9 th	Male
Juniors (15-17)	Black	1 st – 9 th	Female
Juniors (15-17)	Black	1 st – 9 th	Male
1 st Team (18-30)	Black	1 st – 9 th	Female
1 st Team (18-30)	Black	1 st – 9 th	Male
2 nd Team (31+)	Black	1 st – 9 th	Female
2 nd Team (31+)	Black	1 st – 9 th	Male

State Championships can choose to do Dragon, Tiger and Youth Team Poomsae, but those divisions will not be available at the USA Taekwondo National Championships.

**State Championships can choose to do color belt Team Poomsae, but those divisions will not be available at the USA Taekwondo National Championships. **

BOARD BREAKING

AGE CLASSES	AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	ROUTINE TIME LIMITS
DRAGONS	6-7 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
TIGER	8-9 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
YOUTH	10-11 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
CADET	12-14 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
JUNIOR	15-17 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
SENIOR	18-32 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
ULTRA	33+ YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE

DEMONSTRATION TEAM

AGE CLASSES	AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	ROUTINE TIME LIMITS
DEMO TEAM	ALL AGES	ALL BELT COLORS	1 MINUTE	10 MINUTES

ADDITIONAL INFORMATION

Daedo Electronic Foot Sensor Socks are required for all sparring events.

**** GENERATION 2 (GEN2) will be used for all World Class Black Belt sparring events**

It is recommended that competitors purchase Gen2 socks in advance as only a limited quantity will be available for sale on site.

GENERATION 1 (GEN1) will be used for ALL OTHER DIVISIONS **

Only a limited quantity will be available for rent on-site.

E-foot gear can be purchased at www.tkdscore.com prior to the tournament

Explanation: USA Taekwondo Equipment Standards

Belt Colors: Only WTF/USAT belt colors will be allowed—black, poom (black and red), red, blue, green, yellow).

Belts with stripes will be allowed.

Gloves: World Class Cadet Black Belts (12-14), Junior Black Belts (15-17) and Senior Black Belts are required to wear WTF-approved Taekwondo gloves. Gloves may be red, blue, or white; white is preferred. However, red and blue are allowed. If the competitor chooses to wear red or blue gloves, they must correspond with the color of the chest protector. Gloves must be open finger style. For all other divisions, gloves are optional and must comply with the above rule. Cloth gloves or hand covers are not allowed.

Properly fitting headgear: Unless electronic PSS headgears are being used, all participants must provide their own red, blue or white headgear with no markings other than corporate logos. If the competitor wears red or blue headgear, it must correspond with the color of the chest protector. Cracks or defects in the headgear will not be allowed.

Mouth guard: All athletes are required to use a mouth guard. MOUTH GUARDS MUST NOT BE RED OR CONTAIN 'DESIGN'. A mouth cover or different colored mouth guard (red is not allowed) may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition. Use of a mouth guard may be exempted upon submission of a medical doctor's statement that its use might cause harm to the contestant.

Groin protection: All male AND female athletes are REQUIRED to wear a protective groin guard inside the pants during competition. (NOTE: Groin protection became mandatory for female competitors beginning in 2017).

Properly fitting chest protector: Where an electronic Protection and Scoring System (PSS) is being used, all athletes will be provided a red and blue full-body WTF trunk protector. The trunk protector must cover the entire valid scoring area, armpit to hip bone. All trunk protectors must wrap around and cover the back of the athlete in the valid scoring area.

Shin and instep protection: Shin and instep protectors are REQUIRED, and they must be made of foam, cloth or vinyl. PSS sensor socks with built-in instep padding are also allowed. The instep protector may be red, blue, or white, but must correspond with the color of the chest protector; any color shin protector is allowed. Cloth or foam knee pads are permitted.]

Non-Qualifying Events

NON-QUALIFYING EVENTS: Board Breaking and Demonstration Team divisions are non-qualifying events and rules may differ from those outlined by USAT.

Breaking

Only wood may be broken. Boards will be available for sale online and on site. Competitors will be allowed 2 minutes to SETUP, COMPLETE BREAKING ROUTINE, and CLEAN UP. All belts will have a maximum of three attempts to break a single board. **Competitors must provide their own holders.** Kicking techniques will be rated higher than hand techniques. Jumping and/or spinning techniques will be rated higher than standing techniques. Multiple boards will be rated higher than single boards. Non-spaced boards will be rated higher than spaced boards. Competitors may choose up to 10 wood boards to break showcasing proficiency of taekwondo foot and/or hand techniques.

Demonstration Team

A minimum of five (5) individuals must comprise a demonstration team. Teams must be prepared to provide their own music, music operator(s), and music-playing device in the case that the tournament venue is not equipped with a music player. Teams will be evaluated on teamwork; techniques, creativity, and originality; level of difficulty, rhythm and flow of routine; presentation, attitude, and precision of techniques; power and accuracy of strikes; balance, and focus. Volunteers may hold boards and serve non-performing roles for the routines, but only performing members of the team will be awarded medals and placing for their routines. Demonstrations shall be no longer than the MAXIMUM time of 10 (Ten) Minutes.

REGISTRATION CHECKLIST

Completing all items on this list will help ensure a speedy check-in at the venue.

- Register for the State Championships through the USA Taekwondo Hang-A-Star online registration system. **NO ONSITE REGISTRATION WILL BE AVAILABLE.**
- Complete registration payment online. In order to receive the early registration price you must pay by the early deadline. If payment is not received by this deadline the system will automatically update to the late fee.
- Send in Proof of Citizenship and/or black belt certification if required for your division. Hang-A-Star will indicate which documents are required upon completion of registration.

Note: These are the only acceptable documents that may be submitted: any other documents will not be approved.

PROOF OF CITIZENSHIP	AGE	DOCUMENTATION REQUIRED
U.S. Passport	6-7, 8-9, & 10-11: Yellow, Green, Blue, Red, & Black Belts	n/a
U.S. Passport Card	12-14 & 15-17: Yellow, Green, Blue, & Red Belts	n/a
U.S. Birth Certificate	12-14, 15-17, and 18 & Older: Black Belts (World Class Divisions)	Proof of Citizenship
	18 & Older: Yellow, Green, Blue, & Red Belts	n/a
	33 & Older (Ultra): Black Belts	n/a

- Upload a picture (headshot only in BMP, GIF, JPEG, PNG, TIFF and file must be under 4MB) to your membership profile. Please do not mail or email a photo.
- Confirmation forms are no longer required for athletes and coaches of all ages. Participants will automatically be confirmed if all documentation is received.

REQUIREMENTS

All participants must be current USA Taekwondo members. All coaches, referees, club owner/instructors 18 and older are required to complete and pass USA Taekwondo background check prior to being a member of USA Taekwondo and registered for USA Taekwondo state sanctioned events (background checks must be completed every two years). Please see the USA Taekwondo website for more details. Additionally, all participants will be required to view and complete the USOC Safe Sport video before renewing their membership.

- Athletes must hold the appropriate U.S. citizenship or residency depending on the division in which he/she participates.
- All coaches must be, at minimum, AC certified within the USA Taekwondo CIDP program as well as view the Center for Safe Sport Video.
- An athlete **MAY** qualify in a different or the same WORLD CLASS sparring weight division and/or same age Poomsae category in **MULTIPLE STATE CHAMPIONSHIPS**.

AWARDS

SPARRING

Medals will be given out to the top 4 athletes, in the respective divisions and weight categories.

Individual Awards		
1 st Place		Gold
2 nd Place		Silver
3 rd Place		Bronze
3 rd Place		Bronze

POOMSAE

Medals will be given to the top 4 individuals, pairs (co-ed) and teams in the respective divisions.

Individual/Pairs/Team Awards		
1 st Place		Gold
2 nd Place		Silver
3 rd Place		Bronze
3 rd Place		Bronze

2019 MAJOR CHANGES

- **There is no on-site registration for coaches, referees, or athletes at any State Championship or National Championship.**

SPARRING

- To qualify for a World Class division at the National Championships, an athlete must participate at a State Championship in the World Class division in which they wish to compete.
- Athletes participating as a black, red, blue, green, or yellow belt that are 11 years old or younger, as well as the Ultra sparring divisions will **NO LONGER** have to show proof of U.S. residency to compete at the State or National Championships.
- All World Class 12 – 14 (Cadets), 15 – 17 (Juniors), 17 – 32 (Seniors) Sparring and Poomsae, and 33 and older Poomsae Black Belt athletes must provide proof of U.S. citizenship. If they cannot provide this documentation, they cannot compete in the State Championship.
- World Class & Grassroots divisions will be offered for CADET SPARRING black belts only.
- Winner of the cadet Grassroots divisions will no longer qualify for the World Class division because Grassroots division will use Junior Safety Rules and World Class divisions will use Full Head Contact Rules (see competition rules for full explanation of these rules)
- Once qualified for a World Class division, an athlete is no longer eligible for Grassroots divisions.
- This year the Ohio State Taekwondo Association is offering Non-World Class Sparring events for 12 – 14 (Cadets), 15 – 17 (Juniors), 17 – 32 (Seniors) sparring competitors that do not hold U.S. Citizenship or Resident status. An athlete may earn points for these divisions but is not eligible to compete for any USATKD Talent ID Camps, All American Program, or National Teams because these programs require U.S. Citizenship to be eligible.

Cadet Poomsae; Junior Sparring and Poomsae; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions). Those athletes that participate at a USA Taekwondo State Championships in these black belt divisions will qualify for the World Class Divisions at Nationals.

COLOR BELTS

- All color belt athletes will be able to compete in a State Championship and National Championships at the current belt in which they hold. For example, an athlete competed at a State Championship as a green belt but has since tested and received their blue belt. This athlete may now compete at the USA Taekwondo National Championships as a blue belt.
- EXCEPTION: If an athlete competed at a State Championship as a red belt and has since been promoted to black belt, the athlete MAY NOT compete in any black belt divisions.

PROOF OF BLACK BELT REQUIREMENT

- If an athlete doesn't have a black belt certification uploaded to their profile or provide a copy of certification at the time of registration, the State Association will be able to utilize the black belt verification form. The form will include contact information so that USA Taekwondo can track that each person provides a copy of their black belt certification by the National Championships. If a copy is not provided at the National Championships, then the athlete's coach and/or instructor will be required to apply for a USA Taekwondo Dan black belt certificate at the time of registration. For more information on the USA Taekwondo Dan certification program follow this link:
<http://www.teamusa.org/USA-Taekwondo/Resources/Dan-Certification-Program>